

# **ACTION PLAN FOR CMI TO BE ECOLOGICAL PARISH.**

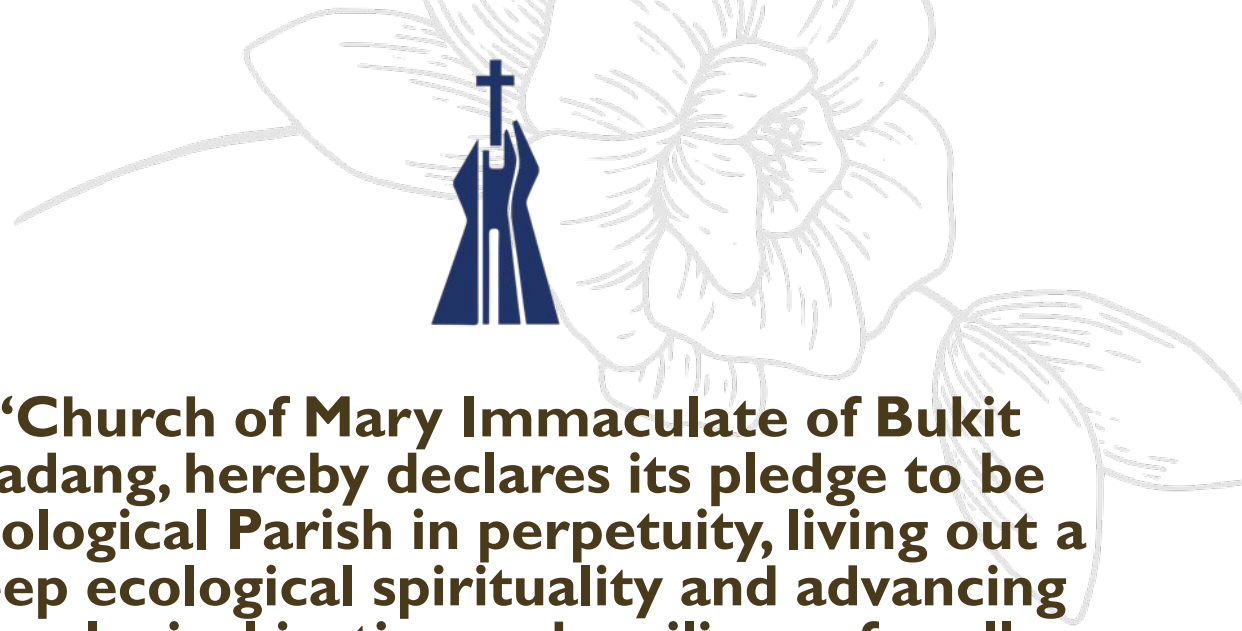


**LAUNCHING ON 1<sup>ST</sup> SEPTEMBER 2024**

*McDona*



**St. Francis of Assisi**  
**Patron Saint of Ecology**  
**4th October**



**“Church of Mary Immaculate of Bukit Padang, hereby declares its pledge to be Ecological Parish in perpetuity, living out a deep ecological spirituality and advancing ecological justice and resilience for all creation, by pursuing decarbonised pathways and the building of community and earth resilience, according to the Ecological Diocese Protocols appended to this pledge, to the best of its ability and creativity within local circumstances.”**

**This parish pledges to uphold the following protocols to the best of its ability and creativity starting today to save our earth from catastrophic climate change for the sake of current and future generations of all life forms on the earth.**



**“PROTECT OUR EARTH, PROTECT  
OUR CHILDREN” CAMPAIGN  
1 SEPTEMBER ‘20 – 31 AUGUST ‘25**



**LAUNCHED BY  
THE EPISCOPAL COMMISSION FOR CREATION  
ON 1<sup>ST</sup> SEPTEMBER 2020**



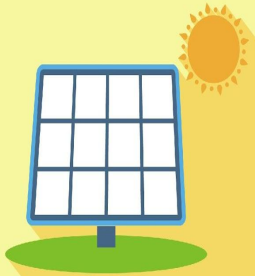
RECYCLING



GREEN POWER



WIND POWER



SOLAR ENERGY



NATURAL PRODUCT



GREEN PLANET



CLEAN & GREEN



ENVIRONMENT



ECOLOGY

# PROTEC CAMPAIGN

- 
- PROTEC YEAR 1 – USE LESS ELECTRICITY  
[1<sup>ST</sup> SEPTEMBER 2020 – 31<sup>ST</sup> AUGUST 2021]
  - PROTEC YEAR 2 – CUT DOWN MEAT, DAIRY & FOOD WASTE  
[1<sup>ST</sup> SEPTEMBER 2021 – 31<sup>ST</sup> AUGUST 2022]
  - PROTEC YEAR 3 - STOP PLASTIC POLLUTION  
[1<sup>ST</sup> SEPTEMBER 2022 – 31<sup>ST</sup> AUGUST 2023]
  - PROTEC YEAR 4 - CUT FUEL CONSUMPTION  
[1<sup>ST</sup> SEPTEMBER 2023 – 31<sup>ST</sup> AUGUST 2024]
  - PROTEC YEAR 5 -USE LESS PAPER AND WOOD  
[1<sup>ST</sup> SEPTEMBER 2024 – 31<sup>ST</sup> AUGUST 2025]

PROTEC CAMPAIGN





# ECOLOGY PROTOCOL 1




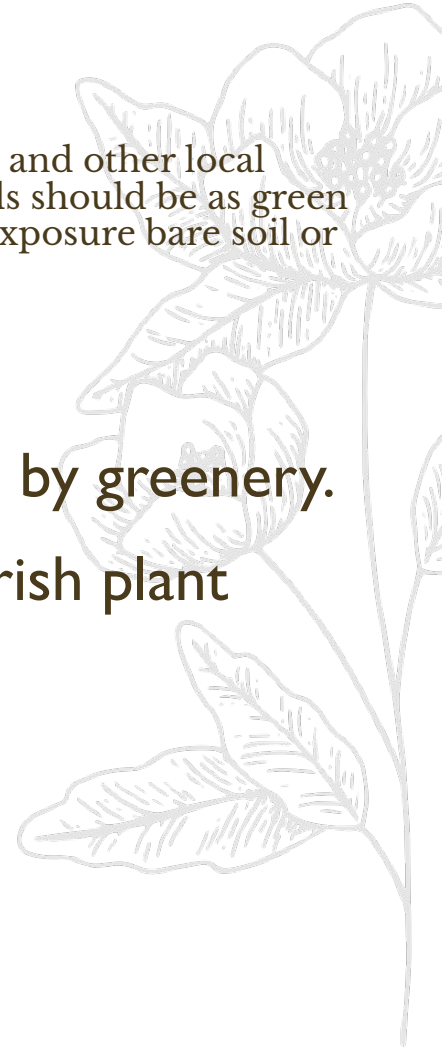


# Ecological Parish Protocol

## E:18

[Ecological Accountability #18 : Grow local trees and other local plants in the church compound. Church grounds should be as green and biodiverse as possible with no or minimal exposure bare soil or tarred or cemented surfaces]

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- 
1. A garden parish surrounded by greenery.
  2. Improvement to existing parish plant nursery







# ECOLOGY PROTOCOL 2



# Ecological Parish Protocol E:10/E:11/E:12

Ecological Accountability #10 : Serve plant based food, predominantly or wholly, at parish events. Avoid meat, seafood and dairy as far as possible.

Ecological Accountability #11 : Institute Food catering rules for all parish activities where food is served.

Ecological Accountability #12 : Work towards zero waste of food and other products on church premises. Compost food and other organic waste. Reduce, reuse, repurpose and recycle as much as possible. Any disposal of e-waste must be properly done, especially of old refrigerators and air-conditioners which can leak out toxic greenhouse gases.



## Eco Policy Extension to External Suppliers

### [Caterers & Contractors]

Caterers – Institute Food catering rules for all parish activities where food is served.

Contractors – Any disposal of demolition waste such as concrete, bricks, tiles, ceramics to be handled by themselves.







# ECOLOGY PROTOCOL 3





# Ecological Parish Protocol E:13

Ecological Accountability # 13 Set up recycling/repurposing/exchange centre or ecological store. Establish "Reuse Days" where people bring their used items still in good condition and offer them to others.

- Set up recycling/repurposing/exchange centre or ecological corner.
- Accept used items such as books, clothing & appliances
- Sunday Pre-loved/Bundle sales monthly from September 2024.





# ECOLOGY PROTOCOL 4



# Protect Year 2 – Season of Creation 2022

[Cut down meat, dairy and food waste]

## Ecological Parish Protocol E:10

[Ecological Accountability # 10 – Serve plant-based food, predominantly or wholly, at parish events. Avoid meat, seafood and dairy as far as possible]

Cut down on meat, seafood and dairy consumption – Every Wednesday and Friday.







# ECOLOGY PROTOCOL 5





# Protec Year 4, Season of Creation 2023

[Cut Fuel Consumption]

## Ecological Parish Protocol E:8

[Ecological Accountability #8 : Minimise petrol/diesel/gas usage for church equipment and vehicle use. Use electric vehicles when available if they are charged with renewable electricity.]



Cut down Fuel Consumption – by Car pooling





# ECOLOGY PROTOCOL 6



# Ecological Parish Protocol B:2

[Ecological Spirituality, Ecological Education & Integration # 2 : Inspire love and care for creation among the faithful through prayer, liturgies, Masses, cell group/BEC reflections, communications, campaigns, celebrations and other parish events.]

## D:3

[Movement Building and Advocacy #3: Celebrate Laudato Si Week & the Season of Creation (1 Sept to 4 Oct) every year]

To include one Intercession Prayer on  
Care for Creation

1. in weekly Prayers of Faithful
2. in daily Rosary recitation.

Celebrations of :

1. Laudato Si' Week (May)
2. Season of Creation (September).

# World Day of Prayer FOR THE CARE OF CREATION

## 1 SEPTEMBER







# ECOLOGY PROTOCOL 7



# PROTEC YEAR 3

[Stop plastic pollution]

## Ecological Parish Protocol

### E:14

[Ecological Accountability #14: Stop the use of polystyrene/Styrofoam, single use plastics and other ecologically harmful or wasteful disposables for all church operations and activities. Opt for reusable items instead.]



### Eco Friendly CMI Parish Canteen since 1st April 2024

- Opt to use reusable or biodegradable items.
- Bring own containers
- Bring own bag



### Stopped use of :

- Polysterene/Styrofoam
- Single use plastics
- Other ecologically harmful or wasteful disposables





# ECOLOGY PROTOCOL 8



**REFUSE**

**REDUCE**

**REUSE**

**REPURPOSE**

**RECYCLE**

**REDESIGN**

**REGENERATE**

# PROTEC YEAR 3

[Stop plastic pollution]

## Ecological Parish Protocol

### E:3

Ecological Accountability #3: Commit to upholding and promoting the 7Rs : Refuse, Reduce, Reuse, Repurpose, Recycle, Redesign, and Regenerate. Set measurable targets as appropriate.



A Responsible Parish with 7Rs in place [Refuse, Reduce, Reuse, Repurpose, Recycle, Redesign and Regenerate]

Eg: Use of plastic/Single use/separation of waste in Recycle Bins/Offering pre-loved items to others who need them/etc





# ECOLOGY PROTOCOL 9



# PROTEC YEAR 5

[Use less paper and wood]

## Ecological Parish Protocol E:5

Ecological Spirituality, Ecological Education and integration #5: All should ensure they incorporate an ecological spirituality and ecological practices into all their plans and activities.

To set a checklist on DOs & DONTs to be communicated to Groups and Ministries.

eg: minimise printing, etc

**“PROTECT OUR EARTH,  
PROTECT OUR CHILDREN” CAMPAIGN**

1 September 2020 – 31 August 2025

An urgent nationwide Catholic campaign to protect all life on Earth

“Choose life that you and your children may live” Deut 30:19



THEME FOR YEAR 5:

## USE LESS PAPER AND WOOD

1 Sept 2024 – 31 Aug 2025



We lose 10 football fields of tropical rainforest every minute. Deforestation is wiping out precious plant and animal species and contributing to global warming. When we kill our forests, we kill life and endanger the future of forest communities, our children and other living entities on Earth.

All parishes, church organisations/offices/houses of formation, and all the faithful are earnestly called to implement & promote these practices now:

### 1. USE LESS PAPER & WOOD

- Minimise photocopying and paper use
- Stop using paper plates, cups, containers, wrapping, etc.
- Stop consuming boxed drinks
- Reduce, reuse, repurpose and recycle cardboard and wood
- Stop buying products made from rainforest wood

### 2. REGENERATE DIFFERENT VARIETIES OF LOCAL TREES

- Every family to plant & nurture at least one local tree in the year
- Every parish to plant & nurture at least 3 local trees in the year

### 3. PRAY FOR AND WITH ALL CREATION DAILY

BISHOP JOSEPH HII D.D.  
President of the Episcopal Commission  
for Creation Justice of Malaysia, Singapore & Brunei





# ECOLOGY PROTOCOL 10

*MaDona*

# Ecological Parish Protocol

## E:12

[Ecological Accountability # 12 : Work towards zero waste of food and other products on church premises. Compost food and other organic waste. Reduce, reuse, repurpose and recycle as much as possible. Any disposal of e-waste must be properly done, especially of old refrigerators and air-conditioners which can leak out toxic greenhouse gases]

Waste Management and Sorting (safety, hygiene, pest control, etc)

To place:

- Labelled recycle BINs for waste Management







Thank you

CMI PARISH PASTORAL COUNCIL

2023 - 2026